

AGENDA

TMD & OROFACIAL PAIN
INTERNATIONAL SYMPOSIUM

January 17-19 / 2025
CANCUN · MEXICO

FRIDAY
17
January

day one

Location: Salon Tulum E



Moderator:
Leopoldo P. Correa, BDS, MS

4:30pm - 5:00pm

Registration and coffee



5:00pm - 5:15pm

Welcome and Symposium Overview

5:15pm - 6:00pm

An updated review of the Practice of Orofacial Pain

This lecture offers an updated, in-depth review of the latest practices in Orofacial Pain. With a focus on recent advancements in diagnostic techniques, treatment protocols, and evidence-based methodologies, this session is designed to enhance clinicians' proficiency in managing temporomandibular disorders (TMD), and various orofacial pain syndromes.



Isabel Moreno-Hay,
DDS, PhD

6:00pm - 6:45pm

Review of the Practice of Dental Sleep Medicine

We will provide a concise overview of recent advancements and best practices in Dental Sleep Medicine, covering the latest diagnostic tools, therapeutic interventions, and clinical guidelines for managing sleep-related breathing disorders. This session will explore current research, emerging technologies, and practical applications aimed at improving patient outcomes in the field.



Leopoldo P. Correa,
BDS, MS

6:45pm - 7:15pm

Group Discussion



Friday January 17 *day one*

7:15pm - 8:00pm

Orofacial Pain and TMD a Personal Journey.

Recognition to Dr. Noshir Mehta



Time to celebrate Dr. Mehta's illustrious career and transformative contributions to the fields of Orofacial Pain and Temporomandibular Disorders, fields in which he is a true pioneer. Renowned for his remarkable achievements, Dr. Mehta has not only advanced clinical research but has also been a pivotal force in education, driving improvements in patient care standards that have set benchmarks worldwide.

8:00pm - 10:00 pm

Cocktail Reception **Location:** Terraza 750



This evening gathering offers a relaxed setting for attendees to connect, network, and share insights with global leaders and peers in the fields of TMD, orofacial pain, and dental sleep medicine. Enjoy light refreshments and local flavors as we kick off this transformative symposium in a vibrant atmosphere, perfect for fostering professional collaborations and friendships.

END OF DAY 1

AGENDA

SATURDAY

18

January

day two

Location: Salon Tulum E



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Moderator:
Ghabi Kaspo, DDS

7:45am - 8:00am

Coffee and Networking



8:00am - 8:45am

Toothaches that just will not go away

This lecture addresses the complex nature of persistent tooth pain that fails to resolve despite standard dental treatments. It will explore the differential diagnosis of toothaches that may originate from non-odontogenic sources, such as neuropathic pain, temporomandibular disorders, or referred pain from other anatomical regions. Attendees will learn about identifying key clinical features that distinguish persistent toothaches from other types of orofacial pain and the appropriate interdisciplinary management strategies to improve patient outcomes.



Gary Klasser,
DMD

8:45am - 9:30am

Mechanisms of orofacial referred pain

This presentation will focus on the mechanisms of referred pain in the orofacial region, exploring how pain originating from one area can be perceived in another, potentially complicating diagnosis and treatment. Also will delve into the complex relationship between temporomandibular disorders (TMD) and various types of headaches, such as tension-type headaches and migraines, emphasizing the shared pathophysiology and clinical management strategies for these overlapping conditions.



Fernando Exposto,
DDS, MSc, PhD



9:30am - 9:45am

Question / Answer session



9:45am - 10:00am

Break



10:00am - 10:45am

Orofacial Pain & TMD: Essential Anatomical Insights & Comprehensive MRI Review

Dr Mupparapu will focus on the critical anatomical structures involved in orofacial pain and temporomandibular disorders (TMD). It provides an in-depth analysis of MRI imaging to identify and evaluate these structures, helping clinicians enhance their diagnostic and treatment capabilities.



Mel Mupparapu,
DMD



10:45am - 11:30am

Overlap of TMD and headache

The overlap between temporomandibular disorders (TMD) and headaches is a critical area in pain management, as these conditions frequently coexist and can complicate diagnosis and treatment. This topic underscores the importance of an integrated, interdisciplinary approach in treating overlapping orofacial pain conditions.



Fernando Exposto,
DDS, MSc, PhD



11:30pm - 11:45pm

Question / Answer session



11:45pm - 12:00pm

Break



12:00pm - 12:45pm

Bruxism update

This lecture provides a comprehensive overview of bruxism, including its updated definitions, etiology, and classification as sleep bruxism or awake bruxism.

It will cover the latest research on contributing factors, such as psychological stress and neurological conditions, and the role of bruxism in the development of temporomandibular disorders (TMD) and tooth wear. The session will also explore current diagnostic tools and evidence-based management strategies, including behavioral, pharmacological, and oral appliance therapies.



Gary Klasser,
DMD

12:45pm - 1:30pm

Successful TMD Treatment: Strategies & Pitfalls

Successfully treating Temporomandibular Disorder (TMD) can greatly benefit patients by reducing facial pain and improving jaw function. However, treatment can be challenging and frustrating if there's little improvement or worsening of symptoms. Therefore, it's essential for clinicians to understand the factors contributing to treatment failure. This insight helps guide informed, patient-centered approaches for TMD interventions.



Ghabi Kaspo, DDS

1:30pm - 2:00pm

Panel Discussion

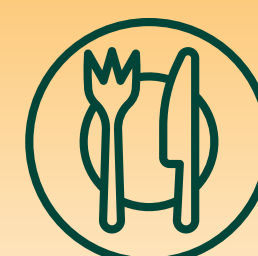


END OF DAY 2

7:00pm - 10:00pm

Group Dinner Location: Terraza Alberca Adultos

Get ready for a perfect balance of leisure and learning at the International TMD and Orofacial Pain Symposium!



AGENDA

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SUNDAY
19
January

day three

Location: Salon Tulum E



Moderator:

Noshir R. Mehta, DMD, MS

7:45am - 8:00am

Coffee and Networking 

8:00am - 8:45am

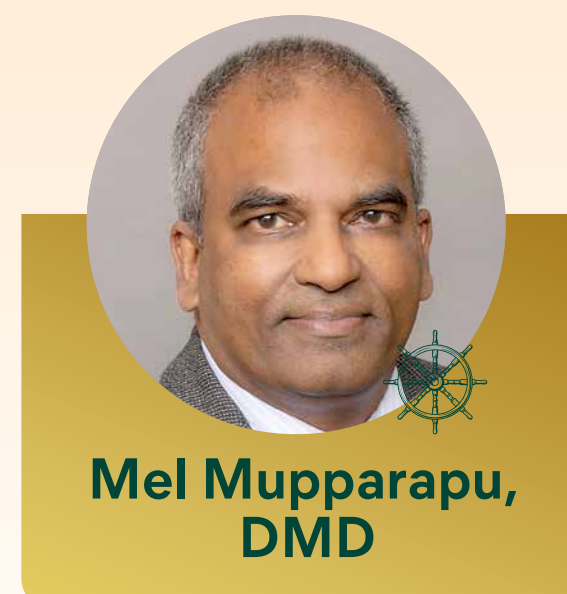
Facial Pain as a Presentation of Primary Headache Disorder or Cranial Neuralgia



Dr Zvirbulis will address the challenge of diagnosing facial pain, which may manifest as a symptom of primary headache disorders or cranial neuralgias. It provides an overview of these conditions, introduces diagnostic criteria for identifying serious underlying causes, and explores the differential diagnosis and testing options for facial pain and headache.

8:45am - 9:30am

Limited Mandibular Range of Motion: Causes and Optimal Imaging Selection



This session delves into the various causes of restricted mandibular movement, including muscular, joint, and systemic factors. It emphasizes selecting the most appropriate imaging techniques to accurately diagnose the underlying causes and guide treatment strategies.

9:30am - 9:45am

Question / Answer session 

9:45am - 10:00am

Break 

10:00am -10:45am

Use of Onabotulinumtoxin-A for TMD and Orofacial Pain

Dr Moreno-Hay will explore the application of Onabotulinumtoxin-A as a therapeutic option for Temporomandibular Disorders (TMD) and orofacial pain. Key topics will include the mechanisms by which Botox alleviates muscle hyperactivity and reduces pain in TMD patients, particularly those with chronic myofascial pain and bruxism.

We will also discuss recent research findings on the efficacy and limitations of Botox, its role in multimodal pain management, and considerations for long-term outcomes in orofacial pain management.



Isabel Moreno-Hay,
DDS, PhD

10:45am -11:30am

Primary Headache Treatment Overview

Comprehensive review of treatment strategies for primary headaches, with focus on migraine and cluster headache management. It covers pharmacologic and non-pharmacologic approaches, considering patient-specific factors and comorbidities to optimize treatment outcomes.



Dace Zvirbulis, MD

11:30am -12:00pm

Panel Discussion
all symposium speakers



END OF SYMPOSIUM

2:00pm-6:00pm

Sailing gateway

(Optional and additional cost)

Experience a memorable Catamaran tour from Cancun to Isla Mujeres, exclusively for attendees of the International TMD & Orofacial Pain Symposium.

Enjoy a scenic cruise across turquoise waters, combining relaxation, stunning coastal views, and networking in a relaxed setting, creating a perfect backdrop to unwind with colleagues

